



# High Speed: Prunes, Cookies, Monkeys & Leadership November At C-Level



It's Thanksgiving.

Yes, we never really got a good start to 2020. Yes, this past year has been a cumulative shitshow, no mistake. But here we are, nearing year's end, still kickin', still looking at what we can do to move the ball forward. 2021's coming, and it's just around the corner.

Be thankful. Let's realize we have so much more than so many, and that the problems we have – though real to us – are about as first-world as they can possibly be.

That's about as sappy as I can get.

So, start getting ready for 2021 -- set goals... make plans..*execute!* See the video here on **Functional planning, goal-setting, and generally getting your head out.** 



Oh, and by the way – we just did a refresh on<u>our website</u>, feel free to peruse, examine, critique and comment. Not swearin' we'll listen, but...

The November edition of *At C-Level*.

- 1. Fast is Good, Faster is Better -- Pick a lane, add speed
- 2. Perfectionism Revisited... stop being a do-it-all
- 3. **Dude, take the survey**! 2021 SSL is still open for participation, and this is your last chance!

We live in interesting times. Let us know if we can help in any way – we're here for you.

## **Featured Articles**



### Fast Is Good, Faster Is Better

-- Pick a lane, add speed

By D. Kevin Berchelmann

We need speed. Not the breakneck, uncontrolled, sitting-your-ass-on-a-rocket kind of speed, but the speed necessary to move quickly and smartly. Given consistent data and input, faster is almost always better than slower.

We've been stressed, haven't we? New craziness pops up almost daily, certainly monthly. We feel justified in being somewhat overwhelmed, and at times that feeling can slow us down – or even grind us to a halt.

That's not helpful, and we shouldn't do it. We aren't forced into it, we have options. Here are some suggestions when the pace of change feels like The Enterprise in a Federation wormhole...

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### **Perfectionism Revisited**



-- stop being a do-it-all

**By Kevin Ross** 

About 4 <sup>1</sup>/<sub>2</sub> years ago, I wrote a piece for At C-Level about being a <u>Recovering Perfectionist</u>. I thought I knew everything there was from personal experience about helping others over their perfectionist addiction. It's simple, right? It just a matter of reframing success.

At the time, I readily admitted I was a controlling perfectionist and even enlisted some friends and family to keep me from slipping back to my old ways. Not the best idea I've ever come up with.

I'm not sure I've gotten any better. While I may never stop noticing when someone fails to live up to my unreasonable expectations, it's been a fairly simple matter to stop bringing it to their attention. Like I'm doing them a favor letting them go about their day in blissful ignorance.

The problem? I've become a *do-it-all*.

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# Dude, Take the Survey...

Triangle Performance LLC's **2021 Survey of Senior Leadership** begins today! This will be our twelfth year for the annual survey; the participant rate continues to grow, as does the validity and direct applicability of the data presented. You should be receiving the survey link in an email in a couple of weeks. Or, you can <u>click</u> <u>here</u> to take the survey now.

The 2020 SSL (Survey of Senior Leadership) is still available!

Download Now - It's Free



## **Our Blogs**



